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DON BOSCO SCHOOL

ALAKNANDA, NEW DELHI - 110 019
(ISO 9001 : 2000 (QMS) & ISO 14001 : 1996 (EMS) Certified)

Circular No.BV/18-19/05

11th September, 2018

INTRODUCTION OF HEALTH & PHYSICAL EDUCATION

Dear Parents / Guardians,

Health is often a state of physical, mental, emotional, social and spiritual well-being and not merely the absence of disease or infirmity. CBSE has decided to mainstream Health and Physical Education with the aim of holistic development of the child, leading to a well-balanced individual in all walks of life.

We would like to inform you that the Central Board of Secondary Education has introduced mainstreaming Health and Physical Education vide Circular No.Acad-10/2018 dated 21.03.2018, Circular No.Acad-11/2018 dated 25.04.2018 and Circular No.Acad-21/2018 dated 25.07.2018 for the Academic Session 2018-19.

As per the C.B.S.E. directives a 'Health and Activity Card' has to be maintained to keep the record of all activities of health and physical education of each student. The school has the responsibility to maintain the individual data of students and protect the privacy of data. A report of the work accomplished across the strands of the HPE has to be uploaded for enabling the students to appear the Board Exams.

It is therefore recommended that the Parents fill up the enclosed form and send it to the Class teacher by Friday, 14th September, 2018.

Fr. Babu Varghese SDB
Principal