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DON BOSCO SCHOOL

ALAKNANDA, NEW DELHI - 110 019

(ISO 9001 : 2000 (QMS) & ISO 14001 : 1996 (EMS) Certified)

Circular No.2024-25/SA/02

10th August 2024

Yoga is a light which once lit will
never dim.

The better your practice,
The brighter your flame.

Dear Parents / Guardians,

Don Bosco School Alaknanda has introduced the art of Yoga in the school curriculum as per the CBSE guidelines. This has helped the students to discipline themselves physically and mentally as they engage regularly in the practice of various postures.

In order to make the learning of Yoga more comfortable, the school will be introducing 'Lowers' for the students from the month of September. Students are expected to come in their 'Lowers' on the days allotted for Yoga. The 'Lowers' will be available with the Tailor. The prices are as follows:

Size 24 – 26 – 28	Rs 650
Size 30 – 32 – 34	Rs 680
Size 36 – 38 – 40	Rs 700
Special Size / Bigger Size	Extra charges

Days of Distribution

Classes	Days
Classes IX to XII	12 th August to 17 th August
Classes VI to VIII	20 th August to 24 th August
Classes I to V	27 th August to 31 st August

Fr. Sujith Augustine SDB
Principal