

PERIODIC TEST – I	
CHAPTER	TITLE OF THE CHAPTER
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Chapter 1	Changing Trends and Careers in Physical Education
Chapter 2	Olympism Value Education
MID-TERM EXAMINATION	
CHAPTER	TITLE OF THE CHAPTER
Chapter 1	Changing Trends and Careers in Physical Education
Chapter 2	Olympism Value Education
Chapter 3	Yoga
Chapter 4	Physical Education and Sports for Children with Special Needs
Chapter 5	Physical Fitness, Health and Wellness
Chapter 6	Test, Measurement and Evaluation
PERIODIC TEST – II	
CHAPTER	TITLE OF THE CHAPTER
Chapter 7	Fundamentals of Anatomy, Physiology in Sports
Chapter 8	Fundamentals of Kinesiology and Biomechanics in Sports
ANNUAL EXAMINATION	
CHAPTER	TITLE OF THE CHAPTER
Chapter 1	Changing Trends and Careers in Physical Education
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Chapter 8	Fundamentals of Kinesiology and Biomechanics in Sports
Chapter 9	Psychology and Sports
Chapter 10	Training and Doping in Sports